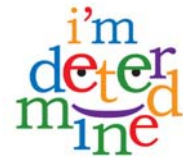


Self-Determination Checklist

Educator Assessment



Student Name: _____

Date: _____

Self-Determination skills help you to know

- ☐ *yourself*
- ☐ *your goals*
- ☐ *supports you need to reach your goals*

Use the following scale to rate the statements below:

3 = almost always/most of the time

2 = sometimes

1 = rarely or never

0 = not observed

Rating					
3	2	1	0		My student sets goals to get what he/she wants or need.
3	2	1	0		My student makes plans for reaching his/her goals.
3	2	1	0		My student checks his/her progress when working toward his/her goals.
3	2	1	0		My student attends his/her IEP Meetings.
3	2	1	0		My student participates in his/her IEP Meetings.
3	2	1	0		My student knows the goals listed in his/her IEP.
3	2	1	0		At school, educators listen to my student when he/she talks about what he/she wants or needs.
3	2	1	0		At home, my student's parents listen when he/she talks about what he/she wants or needs.
3	2	1	0		My student has others in his/her life who help him/her to accomplish goals.
3	2	1	0		My student asks for help when he/she needs it.
3	2	1	0		My student knows what he/she needs, what he/she likes and what he/she enjoys doing.
3	2	1	0		My student tells others what he/she needs, what he/she likes and what he/she enjoys doing.
3	2	1	0		My student helps to make choices about the supports (educational services) and accommodations that he/she needs in school.
3	2	1	0		My student can describe his/her learning difficulties to others.
3	2	1	0		My student believes he/she has control to direct his/her life.
3	2	1	0		My student takes care of his/her personal needs (clothes, chores, meals, grooming).
3	2	1	0		My student makes friends with others his/her age.
3	2	1	0		My student can make good choices.
3	2	1	0		My student believes that working hard in school will help him/her to get a good job.

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Training and Technical Assistance Centers - I'm Determined Project
Self-Determination Checklist ~ Educator Assessment